

I'm getting things better every day!

	Monday 22	Tuesday 23	Wednesday 24	Thursday 25	Friday 26	Saturday 27	Sunday 28
5:00	QUIET TIME/WORKOUT	QUIET TIME	QUIET TIME/WORKOUT	QUIET TIME	QUIET TIME/WORKOUT	SLEEP	SLEEP
6:00	SHOWER/MAKEUP	SHOWER/MAKEUP	SHOWER/MAKEUP	SHOWER/MAKEUP	SHOWER/MAKEUP	SHOWER/MAKEUP	↓
7:00	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	SHOWER/MAKEUP
8:00	DRIVING, INTELLIVERSE, CD'S	DRIVING, INTELLIVERSE, CD'S	DRIVING, INTELLIVERSE, CD'S	DRIVING, INTELLIVERSE, CD'S	DRIVING, INTELLIVERSE, CD'S	PAPER WORK, DATA ENTRY	BREAKFAST
9:00	JOB	JOB	JOB	JOB	JOB	MK PHONE CALLS	CHURCH
10:00	↓	↓	↓	↓	↓	↓	↓
11:00	↓	↓	↓	↓	↓	↓	↓
12:00	LUNCH/INTERVIEWS/ CARDS /CALLS	LUNCH/INTERVIEWS/ CARDS/CALLS/MEETING F-U	Product preview over lunch w/ Susie Q.	LUNCH/INTERVIEWS/ CARDS /CALLS	MK Office Mingle, product preview	DRIVING, INTELLIVERSE, CD'S	↓
1:00	↓	↓	SAMPLE	↓	↓	Terri Love Class (555) 555-5555	Lunch with family
2:00	↓	↓		↓	↓	↓	↓
3:00	↓	↓		↓	↓	↓	↓
4:00	↓	↓	↓	↓	↓	DRIVING, INTELLIVERSE, CD'S	↓
5:00	Driving, dinner in crock pot 5:30 Facials before meeting	DRIVING, INTELLIVERSE, CD'S	DRIVING, INTELLIVERSE, CD'S	DRIVING, INTELLIVERSE, CD'S	Dinner: Digourno Pizza, Salad	Makeup touch-up, get ready	Dinner, Family Game Night or Movies & Popcorn
6:00	Eat dinner @ Ryan's	Dinner: Soup, salad, garlic bread	Dinner: Mexican Lasagna, salad	Dinner: Grilled Fish, steamed veggies, baked potatoe	Johny's ball game	Date Night	↓
7:00	Meeting	Debbie Dooright Class (555) 555-5555	CHURCH	Susie Davis Class (555) 555-5555	↓	↓	PHONE CALLS
8:00	↓	↓	↓	↓	↓	↓	↓
9:00	↓	↓	↓	↓	↓	↓	Start crock pot, PAPER WORK, DATA ENTRY
Booking	✓	B ✓	B ✓	B ✓	B ✓	B ✓	B ✓
Affirmation,	✓	A ✓	A ✓	A ✓	A ✓	A ✓	A ✓
Tape/CD	✓	I ✓	I ✓	I ✓	I ✓	I ✓	I ✓
Hello (V-tel)	✓	H ✓	H ✓	H ✓	H ✓	H ✓	H ✓
Exercise ✓ Vitamins	✓✓✓✓	Exercise ___ Vitamins ✓✓✓✓	Exercise ✓ Vitamins ✓✓✓✓	Exercise ___ Vitamins ✓✓✓✓	Exercise ✓ Vitamins ✓✓✓✓	Exercise ___ Vitamins ✓✓✓✓	Exercise ___ Vitamins ✓✓✓✓
Water	✓✓✓✓✓✓✓✓	Water ✓✓✓✓✓✓✓✓	Water ✓✓✓✓✓✓✓✓	Water ✓✓✓✓✓✓✓✓	Water ✓✓✓✓✓✓✓✓	Water ✓✓✓✓✓✓✓✓	Water ✓✓✓✓✓✓✓✓
Devotional Meditation, Quiet Time	✓	D ✓	D ✓	D ✓	D ✓	D ✓	D ✓
	I am a people magnet. Everyone wants to work with me!	I create wealth for my family		Only good things happen to me and those I love!		I can do all things thru Christ who strengthens me!	

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	Monday ____	Tuesday ____	Wednesday ____	Thursday ____	Friday ____	Saturday ____	Sunday ____
5:00							
6:00							
7:00							
8:00							
9:00							
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12:00							
1:00							
2:00							
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4:00							
5:00							
6:00							
7:00							
8:00							
9:00							
Booking	B	B	B	B	B	B	B
Affirmation,	A	A	A	A	A	A	A
Tape/CD	I	I	I	I	I	I	I
Hello (Intel)	H	H	H	H	H	H	H
Exercise ____ Vitamins <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Exercise ____ Vitamins <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Exercise ____ Vitamins <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Exercise ____ Vitamins <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Exercise ____ Vitamins <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Exercise ____ Vitamins <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Exercise ____ Vitamins <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Exercise ____ Vitamins <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
Water <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Water <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Water <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Water <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Water <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Water <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Water <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Water <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
Devotional Meditation, Quiet Time	D	D	D	D	D	D	D
I am a people magnet. Everyone wants to work with me!	I create wealth for my family		Only good things happen to me and those I love!			I can do all things thru Christ who strengthens me!	

MOMMY MORNINGS

	Monday 22	Tuesday 23	Wednesday 24	Thursday 25	Friday 26	Saturday 27	Sunday 28
5:00	QUIET TIME	QT	QT	QT	QT	SLEEP	SLEEP
6:00	WORKOUT/SHOWER	WORKOUT/SHOWER	WORKOUT/SHOWER	WORKOUT/SHOWER	WORKOUT/SHOWER	SHOWER	↓
7:00	BREAKFAST, Take Bryan to school	BREAKFAST, Take Bryan to school	BREAKFAST, Take Bryan to school	BREAKFAST, Take Bryan to school	BREAKFAST, Take Bryan to school	Hair, makeup, Intelliverse/cd	SHOWER
8:00	Hair, makeup, INTELLIVERSE, CD'S	OFFSPRING DIRECTORS CONFERENCE CALL	Hair, makeup, INTELLIVERSE, CD'S	Hair, makeup, INTELLIVERSE, CD'S	Hair, makeup, INTELLIVERSE, CD'S	BREAKFAST	BREAKFAST
9:00	Office work Paper work, Manage money	MASSAGE every other week NAILS every opposite week	POWER HOUR, EMAIL COACHING CALLS, CARDS	POWER HOUR, EMAIL COACHING CALLS, CARDS	POWER HOUR, EMAIL COACHING CALLS, CARDS	MK PHONE CALLS	CHURCH
10:00		SHOWER/ Hair, makeup, Intelliverse/cd	FACIAL/CLASS/INTERVIEW	FACIAL/CLASS/INTERVIEW	FACIAL/CLASS/INTERVIEW	↓	↓
11:00			↓	↓	↓	↓	↓
12:00	Lunch w/ Mom & Grandma	NEW CONSULTANT CONFERENCE CALL	LUNCH/INTERVIEWS/ CARDS/CALLS	LUNCH/INTERVIEWS/ CARDS/CALLS	LUNCH/INTERVIEWS/ CARDS/CALLS	Driving, check Intell, cd's, Smoothie for lunch	↓
1:00	PREPARE FOR MEETING	FACIAL/CLASS/INTERVIEW	FACIAL/CLASS/INTERVIEW	FACIAL/CLASS/INTERVIEW	FACIAL/CLASS/INTERVIEW	CLASS OR DEBUT	Lunch with family
2:00		↓	↓	↓	↓	↓	RELAX, GO FOR A DRIVE...
3:00	Pick up Bryan at school	Pick up Bryan at school	Pick up Bryan at school	Pick up Bryan at school	Pick up Bryan at school	DRIVING, INTELLIVERSE, CD'S	↓
4:00	Homework, reading bible study	Homework, reading bible study	Homework, reading bible study	Homework, reading bible study	Homework, reading bible study	CLASS OR DEBUT	↓
5:00	Dinner in crock pot 4 family 5:30 Facials before meeting	Dinner: Soup (USE CROCK POT LEFTOVERS, MAKE A LOT & FREEZE IN SMALL CONTAINERS),	PREPARE FOR ORIENTATION and/or help @ church	Dinner: Grilled Fish, steamed veggies, baked potato	Dinner: Mexican Lasagna, salad (MAKE 2)	↓	Dinner, Digourno Pizza, Salad
6:00	Eat dinner @ Ryan's	salad, garlic bread	Take Bryan to church Dinner @ church	DRIVING, INTELLIVERSE, CD'S	DRIVING, INTELLIVERSE, CD'S	DRIVING, INTELLIVERSE, CD'S	Family Game Night or Movies & Popcorn
7:00	Meeting	FOLLOW-UP CALLS Bryan @ Scouts	NEW CONSULTANT ORIENTATION-8:30	CLASS OR DEBUT	CLASS OR DEBUT	Date Night w/ hubby Eat out!	PHONE CALLS
8:00	↓	↓	↓	↓	↓	Trade kids with friends @	↓
9:00	INTELLIVERSE OTW HOME	↓	Hang out w/ hubby	INTELLIVERSE OTW HOME	INTELLIVERSE OTW HOME	Church every other week. Order Pizza, movie, games	Start crock pot, INTELLIVERSE
Booking	✓✓✓	B ✓✓✓	B ✓✓✓	B ✓✓✓	B ✓✓✓	B ✓✓✓	B ✓✓✓
Affirmation,	✓	A ✓	A ✓	A ✓	A ✓	A ✓	A ✓
Tape/CD	✓	I ✓	I ✓	I ✓	I ✓	I ✓	I ✓
Hello (V-tel)	✓	H ✓	H ✓	H ✓	H ✓	H ✓	H ✓
Exercise ✓ Vitamins ✓	✓✓✓✓	Exercise ✓ Vitamins ✓	✓✓✓✓	Exercise ✓ Vitamins ✓	✓✓✓✓	Exercise ✓ Vitamins ✓	✓✓✓✓
Water	✓✓✓✓✓✓✓✓	Water	✓✓✓✓✓✓✓✓	Water	✓✓✓✓✓✓✓✓	Water	✓✓✓✓✓✓✓✓
Devotional Meditation, Quiet Time ✓	D ✓	D ✓	D ✓	D ✓	D ✓	D ✓	D ✓
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Melissa's sample week