

Home Spa Facial with Mary Kay products

You will need:

TimeWise Microdermabrasion set
Satin Hands Pampering
TimeWise Body Lotion
Indulge Eye Mask
Satin Lips Set
TimeWise Cleanser
TimeWise Moisturizer
TimeWise Night Solution
Oil-free Hydrating Gel or
Intense Cream
TimeWise Eye Cream
Oil-free Eye Make-up Remover
Hair Band
Cotton balls
3 Wash cloths

Serve: Ice water with lemon slices
Chamomile tea
Fruit: grapes, orange slices, strawberries
Cheese slices

Background: Play soft instrumental music; soften
the lights and light lots of candles

To begin:

1. Use the Satin Hands Pampering to cleanse the hands but do not use the Hand Cream until the facial is completed.
2. Warm your face by laying a warmed wash cloth over your face until cloth cools down. If doing a large party then place damp washcloths in a crock pot. Or place a damp wash cloth in the microwave for 30 seconds.
3. Cleanser your face with the TW Cleanser. Use the OF Eye Make-up Remover in necessary before you cleanse. Gently massage your face in circular motion as you cleanse. Remove with a damp wash cloth and pat dry.
4. Apply the Indulge Eye Gel to the Eye area to protect your eyes from the Microdermabrasion as you soothe and comfort the eyes.
5. Apply the Satin Lips Mask to your lips. Do not remove.
6. Apply the Microdermabrasion Refine by placing a quarter size dollop on your finger tips. Lay back in your chair and massage this product for 2-3 minutes. Be careful to avoid the eye socket area and your lips. If dressed appropriately then you can apply to the neck and chest too.
7. Best if you can get to a sink to remove all the Micro Refine. Then rinse your washcloth thoroughly to remove the Eye Gel and Lip Mask. If this is a home spa treatment then you can rinse in the shower and use the Satin Hands Pampering on feet and elbows while in the shower.
8. Apply Time Wise Eye Cream to the eyes.
9. Apply Satin Lips Balm to the lips
10. Apply Microdermabrasion Replenish to the entire face. Ahhh.
11. Apply TimeWise Night Solution.
12. Apply TimeWise Moisturizer.
13. Apply appropriate Hydrator: Intense Cream or Hydrating Gel.
14. Apply TimeWise Body Lotion to all exposed body parts, especially your hands

After your Mary Kay Home Spa Treatment, you will want to grab a good book and let your skin rejoice without applying anything more. Drink plenty of fluids after your treatment.