

Recipe for a MEDITERRANEAN TAN

Ingredients:

Satin Hands & Body Cleansing Gel (\$9), **Buffing Cream** (\$10), **Hydrating Lotion** (\$10) & **Sun Essentials Sunless Tanning Lotion** (\$10), and a dampened washcloth.

First, try at night, then reapply in the morning where necessary and by noon you can be evenly tanned and gorgeous.



1. Shower with Satin Hands & Body Cleansing Gel & Buffing Cream.
2. Wet and squeeze excess water out of a washcloth for use when you are through and have your Cleansing Gel & Buffing Cream handy.
3. Put on a headband and rub Sun Essentials Sunless Tanning Lotion onto your face, ears, throat and back of neck if your hair is short.
4. Rub Sunless Tanning onto your entire hand—in and out of your fingertips and apply on arms in a circular motion beginning at the wrist and working your way up the entire arm. (Do not apply vertically or you will stripe.)
5. If you want to tan your legs start with the upper thigh & then the lower part of the leg. Rub Sunless Tanning to any other part of the body you desire always using a circular motion. (**Tips:** Elbows, knees, ankles, knuckles tend to collect color more quickly so you will want to use a smaller amount of Sunless Tanning on your hand when you are ready to apply to those areas. Once you establish the amount of color you want you will want to use your Satin Hands & Body Hydrating Lotion on the days you are not using your Sunless Tanning because the dryer your skin the quicker your color will fade as the dry skin flakes off. Use the Cleansing Gel & Buffing Cream on the days you plan to apply additional Sunless Tanning so your color will go on more evenly.)
6. When you are finished applying the Sunless Tanning Lotion, put a small amount of Cleansing Gel & Buffing Cream in the palm of your hand and gently rub in until it becomes almost dry, being careful not to get any on the top part of your hand to avoid unevenness. Then take your pre-dampened washcloth & wipe off the leftover Cleansing Gel & Buffing Cream. Wait 15 minutes before running your hands under water.
7. Check your color in the morning. Touch up and spots you may have missed by reapplying Sunless Tanning Lotion where necessary using the method described above. **By noon that day, you'll have a sleek, sensational Mediterranean tan without the harmful UVA/UVB rays!!**